



# THE PRAIRIE VIEW SOURCE

# April 2024

Prairie View Assisted Living ♦ 500 E. McNair Rd. ♦ 815-335-1800

*April 6<sup>th</sup> 2024*



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# Director's Desk



Hello Residents, Families and Friends!

I am so excited to have this re-vamping of our newsletter! We will be looking forward to any suggestions you have to improve it and make it better. Many of you have asked for the ability to have Auto Pay for the monthly rent payment. I am pleased to say we have implemented this option, and it is going very well. We have begun pro-actively helping our Veteran's and their spouses and survivors enroll in a very valuable pension benefit. I have added the FAQs in the newsletter. Please reach out to me, I can assist you in ensuring you receive the much-deserved additional pension and benefits. We are deeply honored that you have chosen us for your care and living needs and are committed to the best care possible. My door is always open, and my personal cell phone number is on my business card... you can contact me any time!

Keep Safe!

*Jennifer Rocha*

jennifer@prairieviewwinnebago.com

## April Trivia

- April is named for the Greek goddess of love, Aphrodite.
- The name for the month of April originally came for Aprilis which means to open.
  - April is Humor Month, so laugh it up!

Zodiac signs: **Aries (March 21 – April 19) and Taurus (April 20-May 20)**  
Birthstone: **Diamond**  
Flower: **Sweet Peas and Daisies**



## April Birthdays

In April we celebrate birthdays with:

- 1<sup>ST</sup> – Lois-Apt. # 10
- 9<sup>TH</sup> – Phil-Apt. # 29
- 24<sup>TH</sup> – Rosemary- Apt. # 18

PLEASE JOIN US IN WISHING THEM  
A VERY HAPPY BIRTHDAY!



- Marvin Gaye, April 2, 1939
- Jane Goodall, April 3, 1934
- Jackie Chan, April 7, 1954
- Dolores Huerta, April 10, 1930
- Emma Watson, April 15, 1990
- Leonardo da Vinci, April 15, 1452
- Charlie Chaplin, April 16, 1889
- Jack Nicholson, April 22, 1937
- William Shakespeare, April 23, 1564





# ACTIVITY SPOTLIGHT



Oh, The Fun We've Had.....  
We Love Our Small-Town &  
they Love us right back!



Valentine's Day 2024



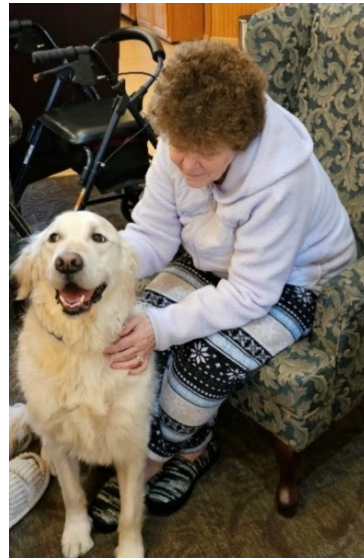
Valentines 2024 Crafting Fun



Paint & Sip-January 2024



Enjoying the early Spring  
Weather - Leap Day 2024



Visiting With Therapy  
Dog "Duke"- February  
2024



July 4<sup>th</sup> Parade 2023

Jean McNair Elementary 5<sup>th</sup> Choir  
December 2023



# Upcoming Events

## Music Time-YMCA Retired Men's Club Choir

Tuesday April 2<sup>nd</sup> 2:30pm, PV Dining Room

## Wheel of Fortune & Therapy Dog "Duke"

Thursday April 4<sup>th</sup> 1:00pm, PB Back Family Room

Thursday April 4<sup>th</sup> 4:00pm, PV Front Living Room

## Spring Cookie Decorating

Thursday April 11<sup>th</sup> 1:00pm, PV Back Family Room

## Crafts

Thursday April 18<sup>th</sup> 1pm, PV Back Family Room

## McNair 5<sup>th</sup> Grade Choir

Tuesday April 23<sup>rd</sup> 2:30pm, PV Front Living Room

## Resident Council Meeting

Thursday April 25<sup>th</sup> April 1:00pm, PV Back Family Room

# Regular Events

**\*Sittercise-** Every Monday, Wednesday, Thursday & Friday morning at 10:30am.

**\*Manicures-** Every Monday at 1pm.

**\*Religious Programming-**Tuesdays at 2pm

**\*Catholic Mass-** 2<sup>nd</sup> Wednesday of the month at 9:45 am

**\*Salon Open-** Every Wednesday

**\*Bingo!** Every Wednesday at 1pm

**\*Movie & Popcorn-** Every Friday at 2:30pm

## Special Days

1<sup>st</sup> - April Fool's Day

1<sup>st</sup> - Arbor Day is a day for planting trees.

2<sup>nd</sup> - Light It Up Blue for Autism Day and the whole month is Autism Awareness Month.

3<sup>rd</sup> – Chocolate Mousse Day

6<sup>th</sup>-International Pillow Fight Day

7<sup>th</sup> – World Health Day

8<sup>th</sup> – Total Solar Eclipse

17<sup>th</sup> – Cheese Ball Day

22<sup>nd</sup> - Earth Day

22<sup>nd</sup> - The Jewish festival of Pesach, or Passover

30<sup>th</sup> – Oatmeal Cookie Day

## LIBRARY SERVICE

We'll be heading to the Library on Friday, April 5<sup>th</sup> & 19<sup>th</sup> @ 11am. Let Velinda-Admin Office know if you're interested in going. If you are unable to go, requested items can be can picked up and delivered to you.

# April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>10:30am</b> -Sittercise <b>2pm</b> -Movie & Popcorn	<b>2</b> No Sittercise <b>2:30pm</b> -Music Time	<b>3</b> Salon Open <b>10:30am</b> -Sittercise <b>1:00pm</b> -Bingo w/ Guest Caller	<b>4</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Wheel of Fortune <b>4pm</b> -Therapy Dog	<b>5</b> <b>10:30am</b> -Sittercise <b>2pm</b> -Movie & Popcorn	<b>6</b>
<b>7</b>	<b>8</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Manicures	<b>9</b> No Sittercise <b>2pm</b> -Religious Programming	<b>10</b> Salon Open <b>10:30am</b> -Sittercise <b>1:00pm</b> -Bingo	<b>11</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Cookie Decorating	<b>12</b> <b>10:30am</b> -Sittercise <b>2pm</b> -Movie & Popcorn	<b>13</b>
<b>14</b>	<b>15</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Manicures	<b>16</b> No Sittercise <b>2pm</b> -Religious Programming	<b>17</b> Salon Open <b>9:45am</b> -Catholic Mass <b>10:30am</b> -Sittercise <b>1pm</b> -Bingo	<b>18</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Crafts	<b>19</b> <b>10:30am</b> -Sittercise <b>2pm</b> -Movie & Popcorn	<b>20</b>
<b>21</b>	<b>22</b> 10:30am-Sittercise 1pm-Manicures	<b>23</b> No Sittercise <b>2:30pm</b> -McNair Choir	<b>24</b> Salon Open <b>10:30am</b> -Sittercise <b>1pm</b> -Bingo	<b>25</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Resident Council Meeting	<b>26</b> <b>10:30am</b> -Sittercise <b>2pm</b> -Movie & Popcorn	<b>27</b>
	<b>29</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Manicures	<b>30</b> No Sittercise <b>2pm</b> -Religious Programming	<u><b>MAY 1</b></u> Salon Open <b>10:30am</b> -Sittercise <b>1pm</b> -Bingo	<b>2</b> <b>10:30am</b> -Sittercise <b>1pm</b> -Horse Racing	<b>3</b> <b>10:30am</b> -Sittercise <b>2pm</b> -Movie & Popcorn	<b>4</b> Kentucky Derby Day



# April FAQ's

## CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime.

Thank you!



**Aries (March 21 - April 19)** Aries loves to be number one. Naturally, this dynamic fire sign is no stranger to competition. Bold and ambitious, Aries dives headfirst into even the most challenging situations—and they'll make sure they always come out on top!

**Taurus (April 20 - May 20)** What sign is more likely to take a six-hour bath, followed by a luxurious Swedish massage and decadent dessert spread? Why Taurus, of course! Taurus is an earth sign represented by the bull. Like their celestial spirit animal, Taureans enjoy relaxing in serene, bucolic environments surrounded by soft sounds, soothing aromas, and succulent flavors.

## April in History: The Pony Express

April 3, 1860 - In the American West, the Pony Express service began as the first rider departed St. Joseph, Missouri. For \$5 an ounce, letters were delivered 2,000 miles to California within ten days. The famed Pony Express riders each rode from 75 to 100 miles before handing the letters off to the next rider. A total of 190 way stations were located about 15 miles apart. The service lasted less than two years, ending upon the completion of the overland telegraph.



**Autism spectrum disorder (ASD)** is a complex developmental condition involving persistent challenges with social communication, restricted interests, and repetitive behavior. While autism is considered a lifelong disorder, the degree of impairment in functioning because of these challenges varies between individuals with autism.

According to the Centers for Disease Control and Prevention, [an estimated one in 36 children](#) has been identified with autism spectrum disorder.

# Noticeboard



## NEW RESIDENTS

A very warm welcome to:

Melvin-Apt# 20  
Tom & Donna-Apt# 21  
Larry-Apt# 22

We hope that you enjoy your time here!

## CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available at the front desk. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

## NEW STAFF

We do not have new staff this month.

Of course, we appreciate our caregivers every day!

## THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

## IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

1. **Jim aka “Cowboy”**
2. **Verna**
3. **Roger**



## HAIRDRESSER

We have a hairdresser here every Wednesday. If you would like an appointment please write your name on the hairdressers board outside the Salon. The hairdresser should be paid by cash or check at the time of service.

\*Please see Velinda to set-up a petty cash account if you need to.

## PARKING

Just a friendly reminder that there is no parking in the drop-off bay in front of the building. It is fine to drop-off and pick-up, however you cannot stay parked there.

Also, the area to the left of the front of the building is a no parking area. That area must be left open for emergency vehicles and large trucks to turn around and they cannot go in reverse-Thank you!

# Noticeboard



## VA BENEFITS

If you are a Veteran or a Spouse of a Veteran, there are invaluable benefits that you may be unaware of.

We have the VSOs (Veteran's Services Officers) regularly visiting with us to help our families potentially increase their income.

Please reach out to Jennifer for more information.

## E-MAIL ADDRESSES WANTED!

In an effort to reduce printing and postage costs please provide us with your e-mail address if you have one and would like to receive Newsletters, Statements & information via E-mail going forward-thank you!!

# Laughing Matters



## The Celebrity

One day a famous old Celebrity went to a Nursing Home to see all his friends again and see how everyone was doing.

When he got there he was immediately greeted by everyone because they recognized him instantly.

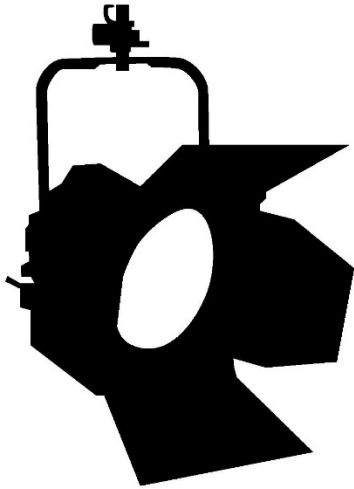
He said hi to all of his friends warmly but then noticed one man didn't say anything to him, or even give him a glance.

This was puzzling. Didn't the man know who he was? Surely, he'd seen some of his movies or his TV show! He finally decided to talk to the man.

The Celebrity went up to the old man and stood in front of him, asking: "Do you know who I am"?

The old man looked at him and quickly said: "No, but you can go to the front desk, and they'll tell you".





# Spotlight



## Hi, I'm Velinda!

I am an Administrative Assistant/Activities Director at Prairie View. I have worked here for 13 years now. My experience includes 30 years in the Medical Field working in clinical settings from Medical Records/Clerical, Customer Service/Business Office, Insurance Billing, Software Teaching/Support to Administrative Duties, Activity Planning and Kitchen/Food Service & Sanitation. What I love most about working at Prairie View is that it's a small-town facility where our residents feel like family. My hobbies include armature photography, crafting, scrapbooking, traveling, and spending time with my family, friends & grandchildren. One last comment – I tell our residents all the time that they are like my own grandparents, and I enjoy each and every day that I get to spend time with them!

# SPRING WORDSEARCH

J V Q J G H F R L R G S N L A D Y B U G  
 R O P E K X Q S R A A T N W Y B Y U B K  
 I E I Q C B C H A H O L A X B U A M E M  
 B N I D I I V O L J T F P O M T S B E A  
 U I Y V H D L W L V J R B K A T Z R B R  
 Z H D X C U V E I O U Q E O L E Y E Y C  
 Z S O N A C U R P T R B Y V G R B L E H  
 I N H G V K U S R K N F P Y O F L L N Q  
 N U N E W L I F E U A F U M U L K A O D  
 G S W E N I O K T J L E P L M Y C W H S  
 M Y W X H N S U A L R V R O J X H V F U  
 A Z N J E G C R C P T E V B Y P S D U B  
 Y F F N B M D F E S E E T L G M I F G D  
 I S B V U G O I E W N G F S E N J Z F I  
 R Y D L P B E N C U O N G A A Y I I Z T  
 T H A T C H L I N G O L D X P E K R H S  
 W O B N I A R F B G I O F U D S N Y P Q  
 E P J E X R F L A C W E R P B X E T J S  
 D K N M U T E R N K D P N Y B F Y J Q R  
 V U U D Y U D M A P R I L T E L G I P E

## WORD LIST

APRIL  
 BUNNY  
 BUTTERFLY  
 BUZZING  
 CALF  
 CATERPILLAR  
 CHICK  
 CLOVER

COLORFUL  
 DRAGONFLY  
 DUCKLING  
 EASTER  
 EGG  
 FLOWERS  
 FOAL  
 HATCHLING

HONEYBEE  
 LADYBUG  
 LAMB  
 MARCH  
 MAY  
 MEADOW  
 NEST

NEW LIFE  
 PIGLET  
 RAINBOW  
 SHOWERS  
 SPRING BREAK  
 SUNSHINE  
 UMBRELLA

*Homemade*  
 GIFTS MADE EASY

# Pizza Star

**Across**

- 1. \_\_\_Beta Kappa
- 4. Trick-taking game
- 9. Longing
- 10. Unexpected problem
- 11. Tide type
- 12. Matter of debate
- 13. Spews lava
- 15. Yours truly
- 16. Corners
- 18. Alternatively
- 20. Kind of valve
- 23. Love of antiques
- 25. United
- 26. Heretofore
- 27. Stopping point
- 28. Yorkshire city
- 29. Tire meas.

**Down**

- 1. Combustible heap
- 2. Successor
- 3. Enter
- 4. Sometimes occurs when it snows
- 5. Many a snake or cat
- 6. '\_\_\_show time!'
- 7. Lowlife
- 8. Biblical pronoun
- 14. Ran on
- 17. South African porch

1	2	3		4	5	6	7	8
9				10				
11				12				
13			14				15	
		16				17		
18	19		20				21	22
23		24				25		
26						27		
28						29		

- 18. Track shape
- 19. Ascend
- 21. Lodges
- 22. Monetary unit of Ghana
- 24. 'The Catcher in the \_\_\_'

*The headline is a clue to the answer in the diagonal.*

I	S	P		S	D	E	E	L
D	N	E		T	E	Y	S	V
E	N	O		U	T	R	I	V
C	T	I		R	O	A		O
		S	E	S	E	R	T	
E	M		S	T	P	U	R	E
E	U	S	S	I		P	R	I
H	C	T	H	I		N	E	Y
T	S	I	H	W		I	H	P



